



I'M FREE - TAKE ME HOME



THIS ISSUE IS SPONSORED BY *Pomeroy*  *Farm*

**The essential guide for families from bump
to big school**

(ages 0-11)

www.boommagazineltltd.co.uk

   **@boom_magazine_ltd**



FREE ENTRY

Welcome to Pomeroy Farm Park

A delightful countryside escape for families and nature enthusiasts alike. Enjoy interacting with friendly farm animals, exploring scenic walking trails, and participating in seasonal events. With ample picnic areas and free entry, Pomeroy Farm Park ensures a memorable and affordable day out for all ages.

Camping at Pomeroy Farm Park



Tents, caravans, and campervans welcome! Immerse yourself in peaceful countryside with spacious pitches, clean facilities, on-site refreshments, and stunning walking trails.

The perfect balance of tranquility and outdoor fun.

Unwind under the stars and wake up to nature. Book your pitch today!

Animal Experiences



Under £25.00
for 2 People



Meet, greet and interact with animals of your choice from our onsite petting area. Ever bathed a pig? Fancied walking a goat? Perfect for family, friends or special events! All experiences are led by staff who offer handling advice. We strongly advise booking in advance.

Artisan Ice Cream

Since 2017, we've been producing our own artisan ice cream made with whole milk from our dairy cows. Our shop is open daily April to October, 9am-6.30pm, with 14 rotating flavours.



Ice cream trailer and self-serve cart available for hire. Local delivery available. Contact us for supply lists, quotes or any other information.

We also offer an ice cream trailer for events and wholesale supply. Get in touch for a price list!

BOOM ...

Welcome to our Summer Issue! ☀

Sunny mornings, golden evenings, and plenty of proper family fun is officially here!

In this very special issue, we have A LOT to celebrate. Not only are we marking our 1-year anniversary, but we are also celebrating an incredible 10 years of Boom and cheering on all of our brilliant Awards Finalists!

We are diving headfirst into the very best of July and August. From keeping children safe in the sun to our go to rain or shine days out, we've jam-packed this issue with ways to make the most of the lighter, brighter months and survive (and thrive) the summer school holidays.

You'll also find bags of support, inspiration, and trusted recommendations from our wonderful advertisers and Boom Buddies. Every single one has been chosen with real families in mind, because we truly believe that family fun should be accessible, affordable, and joyful.

We love hearing from you! Whether it's a brilliant summer recipe, a rainy-day craft that saved the afternoon, or a hidden local gem you think deserves the spotlight, your feedback helps shape what Boom becomes.

Here's to garden campouts, picnic teas in the park, and making the absolute most of these sunshine-filled moments together. (Fingers crossed the British weather behaves itself!)

With love,

Steph &
Jess



@boom_magazine_ltd
www.boommagazineltltd.co.uk



Get in touch!

To list a class, event, suggest an article or find out more about advertising with boom, or for anything else
email : info@boommagazineltltd.co.uk

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BOOM AWARD PARTNERS

A SPECIAL THANK YOU TO OUR PARTNERING BUSINESSES

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BALLOONS



Award Night Headline Sponsors:



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Groups & Classes for 0-11s

If you would like to be included in our class listings please
email : steph@boommagazineltld.co.uk

Baby Ballers (16m - 5yrs)

Alfreton Leisure Centre
Sat 9 - 9:35am BabyBallers
(16m - 2.5yrs)

Sat 9:40 - 10:15am MiniBallers
(2.5yrs - 3.5yrs)
Sat 10:20 - 11am Ballers
(3.5yrs - 5yrs)

Toddler football & multi-skills
classes for girls & boys aged 16
months - 5 years. Book:
www.babyballers.com



Baby Sensory (0 - 13m)

**FlowMotion. Life Yoga Studio,
Matlock**

Mon 10:30 - 11:30am (0 - 13m)

Ripley Leisure Centre

Tue 10 - 11am (0 - 6m)

Tue 11:30am - 12:30pm (6m - 13m)

Tue 1 - 2pm (0 - 13m)

The Venue, Ashbourne

Wed 10 - 11am (0 - 6m)

Wed 1 - 2pm (0 - 13m)

Tyler's, Campbell Street, Belper

Thur 10 - 11am (0 - 6m)

Thur 11:30am - 12:30pm (6m - 13m)

Thur 1 - 2pm (0 - 13m)

Interactive, educational sensory
classes which will help your baby
learn and develop important skills
in a supportive, friendly
environment. Book:

www.baby.sensory.com/
centralderbyshire

Baby Sparks Sensory Class

The Party Palace, Belper

Mon 10 - 11am (6m - 3yrs)

Mon 11:15am - 12:15pm (6wks - 6m)

Darley Abbey Village Hall

Wed 10 - 11am (6m - 3yrs)

Wed 11:15am - 12:15pm (6wks - 6m)

Mickleover Methodist Church

Fri 10 - 11am (6m - 3yrs)

Fri 11:15am - 12:15pm (6wks - 6m)

Baby Sparks creates sensory
adventures for babies and
children which stimulate, engage
and relax through singing, sensory
games, instrument play, sensory
play, lights and bubbles. The
perfect class to nurture your
baby's sensory development. £9
PAYG or cheaper if block booking.
Book: www.babysparks.co.uk/
derbywest

Barremama (Mums & Mums to be)

**Sanctuary Wellness Centre &
Retreats, St Peter's House, Derby**

Mon 10 - 11am Bond

Mon 11:30am - 12:30pm Grow

Thur 6:30 - 7:30pm Flow

Tyler's, Campbell Street, Belper

Tue 10 - 11am Bond

Tue 11:30am - 12:30pm Grow

Vanessa's School of Dance, Belper

Tue 6 - 7pm Flow

Tue 7 - 8pm Thrive

Ballet inspired, barre-based
movement for pregnancy, birth and
beyond. No leotards, no pressure.

Flow - Antenatal movement &
mindset. Suitable from 14 weeks
pregnant right the way through to
preparing for labour.

Bond - Postnatal recovery &
connection. Perfect for mums ready
to return to movement after their 8 -
10 week GP sign-off. C-section mums
should be at least 10 weeks
postpartum.

Grow - Rebuilding strength & sharing
joy. Best suited for mums who are at 6
months+ postpartum with babies who
are not yet confidently walking, so
everyone can move safely and
peacefully together.

Thrive - Reclaiming strength and self.
Best suited for mums further along in
their postnatal journey (at least 9 - 12
months+), or those ready for a more
advanced, higher-energy class.

Belper Cloth Nappy Library

We have a large range of cloth
nappies in all sizes from newborn to
toddler available to hire. Come and
see us at local events (check FB for
details) or contact us for more
information and advice. Contact:
belperclothnappylibrary@hotmail.com

Infinity Dance Academy (2+)

Various classes on Tue, Thur & Sat
Fun & friendly dance classes for
children aged 2+ years. NATD exams,
shows and performances. See full
timetable at: www.infinitydanceacademybrailsford.co.uk

Messy Play Derbyshire East (6m - 5yrs)

**Springwood Leisure Centre,
Oakwood**

Mon 9:45 - 10:30am

Wed 9:45 - 10:30am

Sunday specials throughout the
month. Baby and pre-school messy
play. A different theme each
week. Book: www.mymessyplay.co.uk

Moo Music (0 - 5yrs)

**Little Moo's Play Barn,
Somercoates**

Mon 10:20 - 11am Mixed Moo

(0 - 5yrs)

Mon 12 - 12:40pm Mini Moo

(6m - 18m)

Tue 9:20 - 10am Baby Moo In The
Dark (0 - walking)

Tue 10:20 - 11am Mixed Moo

(0 - 5yrs)

Wed 10 - 10:40am Baby Moo In The
Dark (0 - walking)

Wed 11 - 11:40am Baby Moo In The
Dark (0 - walking)

**Drop The Beat Dance Studio,
Ripley**

Thur 9:20 - 10am Mixed Moo

(0 - 5yrs)

The Eclipse Bar, Loscoe

Thur 11 - 11:40am Mixed Moo

(0 - 5yrs)

Fun, interactive music classes for
babies, toddlers & pre-school age
children where they sing, dance
and play.

Phonics With Robot Reg (1 - 4yrs)

Hulland Ward Village Hall

Mon 9:45 - 10:30am (1 - 3yrs)

Mon 10:45 - 11:30am (2.5 - 4yrs)

The Play Village, Ashbourne

Wed 1:30 - 2:15pm (2.5 - 4yrs)

Thur 9:45 - 10:30am (1 - 3yrs)

Thur 10:45 - 11:30am (2.5 - 4yrs)

Fun, high energy and educational
sessions for toddlers and pre-
school children that support the
development of early language
and literacy skills. Book:

www.robotreg.co.uk/derbyshire



Most groups are term
time only - please
check before you travel

Find all class & group
information online at
www.boommagazineltld.co.uk
or check out our social media
for weekly updates



@boom_magazine_ltd



Groups & Classes for 0-11s

If you would like to be included in our class listings please email : steph@boommagazineltltd.co.uk

Pregnancy & Post Natal Pilates **Belper Health Hub & Pilates Studio, Old Mill House, East Mill, Belper**

Tue 6:10 - 6:55pm Pre & Post Natal Mat Work
Thur 10 - 10:40am Pre & Post Natal Reformer
Fri 10:20 - 11am Pre & Post Natal Reformer
Our physio-led classes are part of the Belper Health Hub. Mums and mums-to-be of all levels of fitness will benefit from safe pilates instruction from trained physio-therapists. Babies are welcome at all sessions. Book:
www.belperhealthhub.co.uk

Primrose Art Club (4 - 15yrs) **St Mark's Church, Openwoodgate**

Wed 4:15 - 5:15pm (4 - 9yrs)
Wed 5:20 - 6:20pm (10 - 15yrs)
Fri 4:15 - 5:15pm (10 - 15yrs)
Fri 5:20 - 6:20pm (4 - 9yrs)
Arts and crafts group sessions where kids can explore their creativity and develop skills.
Visit: www.primroseart.club

Puddle Ducks Derbyshire **(0 - 10yrs)**

Various Derbyshire Venues
Mon - Sun (all lessons 30mins)
Do you want your child to learn how to swim? Let's help them learn the right technique, in the right environment, with the best people. Let's give them the courage to be fearless, make friends, swim strongly and have fun. Then let's see where those skills might take them. Book:
www.puddleducks.com

Raising Rooted - Mothers Circle and Creative Play **(0 - 11yrs)**

Hannah Fields Community Garden, Derby
First Fri of every month
4 - 5:30pm
3rd July & 7th Aug
A uniquely crafted group that nurtures both the mother and the child.

A space to slow down, be held by nature, and unwind motherhood whilst children can partake in heart led creative activities. Book:
www.raisingrooted.co.uk



SEN-FIT **Langley Mill**

Tue 7:15pm - Adult Circuit Class
Thur 9:30am - Adult Circuit Class
Both sessions include a chance to stop for a hot drink and a chat after the session. £5 per class.
Thur 4:15 - 6:15pm - Girls Tea Time Club (7 - 16yrs) £10per session
Borrowash
Fri 4:30 - 6:30pm Tea Time Club £10 per session
Shipley Park
Wed 9:30am - Walk and Talk / Couch to OK

SEN-Fit offers children and adults opportunities in fitness that are supported and individually tailored building both physical and mental health. Visit: www.sen-fit.co.uk

Splitz Dance Centre (2+) **King Street, Belper**

Various classes Mon - Thur and Sat
Fun and friendly dance classes during the week suitable for children and adults. Free trials available. To see the full timetable visit:
www.splitzdancecentre.com

Sunshine Forest School **Belper Community Hall Woodlands**

Fri 10 - 11am
Play based outdoor learning through forest school sessions, holiday clubs and woodland workshops. All led by qualified practitioners. Holiday clubs available for 5 - 16yrs. Visit:
www.sunshineforestschool.co.uk

Taekwondo M&M Academy (4+) **Little Eaton Village Hall**

Tue 7 - 8pm (8 - 12yrs)
Sat 9 - 9:45am (4 - 7yrs)
Sat 10 - 11am (8 - 12yrs)
Improve your fitness, flexibility, balance, confidence, discipline and moral values with the Korean martial art, Taekwondo! A great sport for your little ones or even for yourself with our adult classes. £30 per calendar month. First 2 lessons free. Family discounts available. Visit:
www.mandm.academy

The Little Baby Sanctuary **(0 - active crawling)**

JL Dance Academy, Ripley
Wed 10:30 - 11:30am
Baby Massage
Wed 1 - 2pm Baby Yoga
Sage Yoga Studio, Belper
Thur 10:30 - 11:30am Baby Yoga
Thur 1 - 2pm Baby Massage
Anna Michelle's School of Dance, Darley Abbey
Fri 10:30 - 11:30am Baby Massage
Fri 1 - 2pm Baby Yoga
Gentle, interactive strokes and movement supporting common ailments, concerns and baby milestones. Qualified NNEB nursery nurse, baby massage and baby yoga instructor. Visit: www.the.littlebabysanctuary.co.uk



Tiddlekicks (0 - 5yrs)

Derby Arena, Pride Park
Mon 9:35 - 10:15am (12m - 4yrs)
Mon 10:20 - 11am (12m - 4yrs)
Vanessa's School of Dance, Belper
Wed 9:30 - 10:10am (12m - 4yrs)
The Studio', Mighty Monsters Soft Play
Fri 10 - 10:40am (12m - 4yrs)
Springwood Leisure Centre
Fri 10 - 10:40am (12m - 4yrs)
Sat 8:45 - 9:25am (12m - 4yrs)
Sat 9:30 - 10:10am (3 - 5yrs)
Sat 10:15 - 10:55am (12m - 3yrs)
Ripley Leisure Centre
Sat 8:20 - 9am (12m - 4yrs)
Sat 9:05 - 9:45am (12m - 3yrs)
Sat 9:50 - 10:30am (3 - 5yrs)
Chester Green Community Centre
Sat 9:05 - 9:45am (12m - 3yrs)
Sat 9:50 - 10:30am (3 - 5yrs)
Sat 10:35 - 11:15am (4 - 6yrs)
Hilton Scout Hut
Sat 8:30 - 9:10am (12m - 3yrs)
Sat 9:15 - 9:55am (3 - 5yrs)
William Gregg VC, Heanor
Sat 11 - 11:40am (12m - 4yrs)
Tiddlekicks is a toddler football club with the fundamentals of football and pre-school learning blended together to create fun and interactive sessions for both parents and children. Keeping your little ones active from a young age to give them the best start in life. 3-week trial recommended. Book:
www.tiddlekicks.co.uk



Groups & Classes for 0-11s

Under £5 Or FREE

Tiny Talk (0 - 5yrs)

St John's Methodist Church, Allestree

Mon 9:45 - 10:45am (0 - 2yrs)
Mon 11:15am - 12:15pm (18m - 4yrs)

The Church on Oakwood

Tue 9:45 - 10:45am (18m - 4yrs)
Tue 11:15am - 12:15pm (0 - 2yrs)

Book: www.tinytalk.co.uk/emilyreeve



St Mark's Church, Openwoodgate

Tue 10 - 11am (18m - 5yrs)
Tue 11:30am - 12:30pm (0 - 2yrs)

Fri 10 - 11am (18m - 5yrs)
Fri 11:30am - 12:30pm (0 - 2yrs)

Book: www.tinytalk.co.uk/kathgreaves

Communicate with your baby before they can speak! At TinyTalk we sign, bounce and giggle through each class, while you learn a handful of useful BSL signs with action songs, stories and familiar nursery rhymes. Enjoy social time and a nice hot cuppa and biscuits after every class.

Vanessa's School of Dance (2 - 18yrs)

Vanessa's School of Dance, Belper

Various classes Mon - Sat
Ballet, tap, modern, contemporary, musical theatre, singing, acrobatics and street dance.
Adult classes offered in tap, ballet & fitness. See full timetable at: www.vsdance.co.uk

Baby and Me

Ripley Methodist Church

Thur 9:30 - 11am

Meet others in a safe environment, as you interact in your little ones early development through play. A large variety of baby toys to explore and larger toys for when they start crawling and taking those first steps. Messy play sessions approx every 6 weeks. £2.50 per family, includes a hot drink and biscuit. To book email: paolinefretwellhps@gmail.com

B.E.A.R.S Breastfeeding Support Group FREE

Infinite Wellbeing, Heanor

Tue 9:30 - 11am

Alfreton Library

2nd Mon of the month 1:30 - 2:30pm

St Marks Church, Openwoodgate

Fri 1 - 2:30pm

Refreshments, social and judgement-free breastfeeding support with a chance to meet other parents! Older siblings are welcome. Term time only. Please check BEARS FB page for full details and all summer events.

Support is always available over FB messenger and on the Breastfeeding Network 24hour helpline.

Bridge The Gap Family Hub

Sessions (0 - 5yrs) FREE

Sinfin Family Hub

Tue 10 - 11:30am

Beckett Family Hub, Derby

Thur 10 - 11:30am

Audrey Drive Children's Centre, Derby

Thur 1:30 - 3pm

(alongside stay & play)

Hub Club drop-ins. Toys, books and activities for parents and children. Creative drop-ins. Emotional literacy enriched play and creative activities for babies and young children, plus creative wellbeing activities for parents and carers. No need to book. Visit the website to find out about Bridge the Gap's full programme or to register for a session. Term time only - until 24th July. Please visit your local family hub for details of Free Family Fun sessions during the Summer Holidays. www.jwbridgehgap.com

Connected Perinatal Support FREE

Beckett Family Hub, Derby

Mon 10 - 11:30am Bump to Babies

Group (pregnancy - 2yrs)

Insomnia Cafe, Littleover, Derby

Last Mon of month 4:30 - 6:30pm

Pregnancy Connections

(pregnancy - 12wks)

Osmaston Allenton Family Hub

Wed 12:30 - 2pm Tea & Tots

(pregnancy - 5yrs)

Audrey Drive Children's Centre, Derby

Thur 10am - 12pm Bump to Babies

Group (pregnancy - 2yrs)

Melbourne House, Derby

2nd & 4th Friday of the month 1:30 - 2:30pm Dad Time (dads-to-be - 2yrs)

Leisure United Derby Hub,

Racecourse Playing Fields

Thur 7 - 9pm Dads' Space, one hour of football & one hour of social (new & expectant dads)

Spaces for mums, dads, parents and carers to meet other parents and chat with peer supporters.

Tea, coffee and biscuits, toys for babies and toddlers, a warm welcome and supportive chat on all things pregnancy and early parenthood. No need to book. Visit: www.connectedperinatal.support.org

Derbyshire Dales Mum2Mum Breastfeeding Support Group FREE

The Play Village, Ashbourne

2nd Wed of the month

10am - 12pm

Hulland Ward Millennium Hall

3rd Wed of the month 10 - 11:30am

(at Hulland Hippos Say & Play)

Wirksworth Memorial Hall

1st Thur of the month

9:45 - 11:45am

(at Wirksworth Stay & Play)

Elim Church, Ashbourne

Fri 10 - 11:30am

Free drop-in sessions run by local mums trained in peer support. Part of the Breastfeeding Network.

Derbyshire Toy Libraries Stay & Play

Crich Glebe Field Centre

Mon 9:30 - 11am

Grassmoor Community Centre

Tue 9:30 - 11am

Belper Community Hall

Wed 9:30 - 11am

Florence Nightingale Memorial Hall

Thur 9:30 - 11am

Kilburn Village Hall

Thur 9:30 - 11am

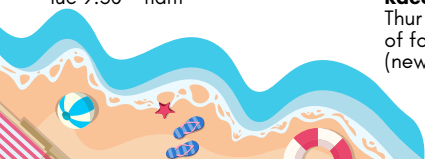
£4 per session, additional siblings/adults £1, under 6m go free. For school holiday sessions check social media. Visit: www.derbyshiretoylibraries.org

Ey Up Mums (0 - 1yrs) FREE

Dalby House Cafe (inside museum)

Fri 11am - 1:30pm

A new group aimed at bringing together first time mums with babies under 12 months. Come and share your experiences, have a chat, come with or without your baby and just enjoy taking some time out with our friendly and relaxed group. No booking required.



Groups & Classes for 0-11s

Most groups are term time only, please check before you travel. See our 'What's On' Sumer Holidays Blog online for more.

Holbrook Baby and Toddler Group

Holbrook Methodist Church
Wed 9 - 11am

A fun and friendly group for babies, pre-school children and their parents, grandparents or carers. Toys for all ages, craft activities, snacks and drinks for all. Play and make new friends in a safe and welcoming environment. £2 per child. No need to book. Term Time only, new term starts 9th September.
Contact Helen: 07980 652431

Hulland Hippos Baby & Toddler Group (0 - 4yrs)

Hulland Ward Millennium Hall
Wed 10 - 11.30am

A range of stimulating play activities for under 5s, including a baby area. Snacks and drinks. Songs and a story at the end. Busy, friendly group. New families are welcome. £3 per family. Open during term time and school holidays. No booking required. Visit: www.hullandchurches.org.uk/our-ministries/#hulland-hippos

Infinite Wellbeing

Infinite Wellbeing Heanor

Mon 10am New Mum Monday's
Mon 11:30am Mini Wrigglers

(0 - 1yrs)

Mon 1pm Mini Movers & Groovers
(1 - 5yrs)

Tue 9:30 - 11:30am Tuesday Tots

Wed 1pm Rhyme Time

Wed 10 - 11am Pre-School Cooking Class* (2 - 5yrs)

Wed 11am - 12pm Pre-School Cooking Class* (2 - 5yrs)

Thur 4 - 5pm Children's Cooking Class* (2 - 11yrs)

*Not included in the role play price, additional charge.

Book: www.infinite-wellbeing.co.uk

Role play area for children with a dedicated baby and sensory area. Role play area and cafe open Mon - Thur 9am - 3pm. Booking not required for role-play area.

Little Church (0 - 4yrs)

St Peter's Church, Belper

Wed 10am - 12pm

£1 per family

Play and fun with stories, singing and craft activities - parents, grandparents and carers welcome.



Messy Church (all ages)

St Swithun's Church, Belper

2nd Sat of the month 4 - 6pm
(donation)

St Mark's Church, Belper

4th Sat of the month 4 - 6pm
(donation)

Crafts, songs and stories - plus food! Pay what you can. Families with children of all ages are welcome.

Messy Church

Denby Bottles Methodist Church

3rd Sun of the month 10:15am

A welcoming and inclusive place where people of all ages can explore faith through fun, hands-on activities, storytelling and music.

Move Me (0 - 5yrs) FREE

Becket Family Hub

Tue 1:30 - 3pm

Derwent Family Hub

Wed 9:30 - 11am

Osmaston / Allenton Family Hub

Thur 1 - 2:30pm

Derby Theatre

Fri 24th July 10 - 11:30am - check Derby Theatre website for more dates.

Play, dance and move with your little ones, in this active early years sensory experience. Contact Derby City Family Hubs to book or email: earlyyears@derby.ac.uk for more information.



Prams & First Shoes (0 - 3yrs)

St Mark's Church, Openwoodgate

Thur 9:30 - 11:30am

Have a cuppa and meet other parents. Lots of toys for babies and toddlers. A warm welcome to a lovely space.

Stay and Play

Marehay Methodist Church

Wed 9:30 - 11am

Waingroves Methodist Church

Wed 1:15 - 2:45pm

Free play, craft & messy play, music and singing, themed activities. £2.50 per family, includes snacks for children and a drink for adults. Turn up or email: paulinefretwellhps@gmail.com

Squeals on Wheels

All Saints Church, Ripley

Mon 9:15 - 11am

A happy friendly group for parents and carers with babies and toddlers. Unstructured play time with craft and puzzle tables,

designated baby area and lots of toys available. Singing and dancing finished with a Bible story at the end of each session.

Toddlers Inc (0 - 5yrs)

Denby Bottles Methodist Church

Tue 10am - 12pm

A group for bumps, babies, toddlers, pre-schoolers and their grown ups. Lots of toys for all ages, finishing with a song and rhyme time. 50p per child. Includes a snack and drink for all. Contact Hannah: 07359778505

Tots Dots Playgroup (0 - 5yrs)

Strutts Community Centre, Room 15, Belper

Mon 10am - 12pm

Drop-in meet-up for parents, carers, babies and toddlers. Prams, snacks and chaos welcome! £2.50 per child, £1 per sibling. No booking required.

Whistlestop Wildlife Watch

Group (5 - 11yrs)

Monthly wildlife-themed activities at a different nature reserve/wild space in central and north-east Derbyshire or at the Matlock base. £2.50 for one child; siblings 50p extra. Children must be accompanied by an adult. Meeting points confirmed via email. Visit Derbyshire Wildlife Trust Wildlife Watch Groups for more information. Booking essential email: whistlestop_watch@yahoo.com

Wirksworth Stay and Play Baby & Toddler Group (0 - 5yrs)

Memorial Hall, Wirksworth

Thur 9:45 - 11:45am

Volunteer-run playgroup with sensory play, a wide range of toys, and creative activities. No booking required. Includes a snack for the children. Drinks and biscuits for the adults. 0 - 6m £2; 6m+ £4 per family. More info on FB.



LIBRARY SESSIONS

FREE

Alfreton Library

Storytime
Monday 11 - 11:30am
(term time only)

Alvaston Library

Rhyme Time
Tuesday 11 - 11:30am
Rhyme & Storytime
Thursday 11 - 11:30am

Ashbourne Library

Rhyme Time
Tuesday 10:15 - 10:45am

Bakewell Library

Storytime
Tuesday 10:30 - 11am
Time to Play - Parent-led activity
Monday & Thursday
10 - 11:30am (term time only)

Belper Library

Rhyme & Storytime
Wednesday 11 - 11:30am
Family Craft Sessions
First Saturday of the month
10am - 1pm
Children must be accompanied by a responsible adult

Blagreaves Library

Rhyme Time
Thursday 10:30 - 11am



Bolsover Library

Baby Rhyme Time (0 - 1yrs)
Tuesday 10 - 10:30am
Bubbles and Babies
Thursday & Friday
10 - 11:30am (0 - 1yrs)
Self-led group session using the library's sensory materials (term time only)
Toddler Rhyme & Storytime
Monday 10 - 10:30am (term time only)
LEGO club (6+)
First Saturday of the month
midday - 1pm
For school holiday sessions contact: 01629 537800 for more details

Chaddesden Library

Rhyme Time
Tuesday 11 - 11:30am
Storytime
Tuesday 11:30am - 12pm



Chesterfield Library

Baby Rhyme Time
Monday 9:30 - 10am
Toddler Rhyme Time
Monday 11 - 11:30am

Clay Cross Library

Rhyme & Storytime
Tuesday 10:30 - 11am

Heanor Library

Rhyme & Storytime
Every other Monday
2 - 2:30pm (term time only)
Every other Thursday
11 - 11:30am (term time only)

Holmewood Library

Rhyme Time
Thursday 10:30 - 11am

Ilkeston Library

Baby Sensory Play
Tuesday 10 - 11am (term time only)
Rhyme Time
Wednesday 10 - 10:30am (term time only)
LEGO club (6+)
First Saturday of the month
midday - 1pm

Long Eaton Library

Rhyme & Storytime
Wednesday 11 - 11:30am (term time only)
Sensory Play
Wednesday 10 - 11am (Until start of December)

Matlock Library

Rhyme & Storytime
Thursday 10:30 - 11am (term time only)

Mickleover Library

Rhyme Time
Tuesday, Thursday & Friday
11 - 11:30am
Booking required call: 01332 647884

Pinxton Library

Fun Play Sensory Sessions (0 - 3yrs)
Thursday 2 - 3:30pm
Boredom Busters (4+)
Saturday 10am - midday
Lego, games, puzzles and crafts

Ripley Library

Rhyme Time
Tuesday 10 - 10:30am (term time only)

Riverside Library

Rhyme Time
Monday & Friday
11 - 11:30am
Storytime
Wednesday 11 - 11:30am



Sandiacre Library

Rhyme Time
Tuesday 10:30 - 11:15am (term time only)

Shirebrook Library

Bookworms (4 - 8yrs)
Tuesday 3:40 - 4:30pm
Stories and crafts (term time only)
Bubbles and Babies (0 - 1yrs)
Thursday 10 - 11:30am
Self-led group session using the library's sensory materials
Rhyme & Storytime
Friday 10 - 10:30am (term time only)
LEGO Club
Last Saturday of the month
10:30am - midday

South Normanton Library

Storytime
Tuesday 10:30 - 11am

Spondon Library

Rhyme Time
Tuesday 10:30 - 11am
Storytime
Thursday 11:30am - 12pm



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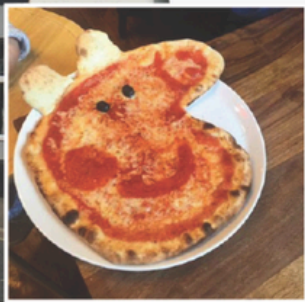
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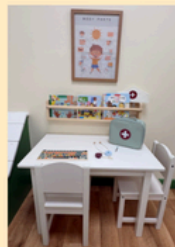
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CUPPA, BISCUIT
AND CHAT WITH
MUMS!"



A Parent's Guide to Keeping Children Safe in the Sun



By Steph first time mum, co owner & director

Warm weather is a great excuse to get outdoors and enjoy family adventures, but it's important to take a few simple precautions to keep children safe and comfortable in the sunshine.



Protect Their Skin

Children's skin is much more sensitive than adults' and can burn quickly in the sun.

- Apply sunscreen before heading outdoors.
- Reapply every two hours, and after swimming or sweating.
- Don't forget easy-to-miss areas such as ears, noses, necks, shoulders and feet.
- Remember that children can still get sunburnt on cloudy days.



Seek Shade

The sun is at its strongest between 11am and 3pm.

- Take regular breaks in shaded areas.
- Use parasols, gazebos or pop-up shelters when out and about.
- Consider planning outdoor activities earlier in the morning or later in the afternoon.

Dress for the Weather

What children wear can make a big difference.

- Choose lightweight, loose-fitting clothing.
- Opt for outfits that cover shoulders where possible.
- A wide-brimmed hat helps protect the face, ears and neck.
- UV-protective sunglasses can help shield young eyes from harmful rays.

Keep Them Hydrated

Children can become dehydrated quickly, especially when they're busy playing.

- Encourage regular drinks throughout the day, even if they don't ask.
- Always take water bottles on days out.
- Offer water-rich snacks such as watermelon, strawberries and cucumber.
- Watch for signs of dehydration, including tiredness, headaches or dizziness.

Know the Signs of Overheating

It's important to recognise when a child may be getting too hot.

Look out for:

- Flushed skin
- Excessive sweating
- Tiredness or irritability
- Headaches
- Dizziness



If a child appears overheated, move them into the shade, offer cool drinks and help them cool down as quickly as possible.

Enjoy Summer Safely

A little preparation can go a long way. By remembering sunscreen, shade, suitable clothing and plenty of drinks, families can enjoy the sunshine safely while making the most of the warmer weather.

For trusted advice on keeping children safe this summer visit:

• NHS - Sunscreen & Sun Safety

Advice on sunscreen, sunburn prevention, UV protection, and keeping children safe in the sun.



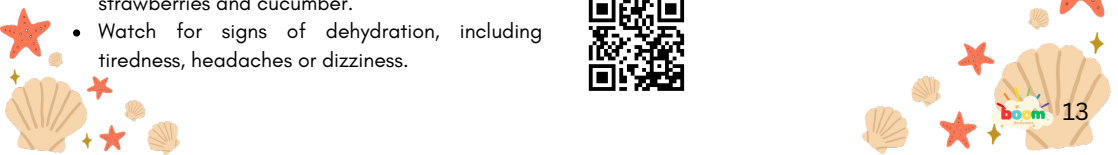
• NHS - Keeping your baby safe in the sun

Practical guidance for parents of babies and young children, including hydration, shade, and preventing overheating.



• Child Accident Prevention Trust

UK child safety charity offering advice on seasonal safety, accident prevention, and keeping children safe during the summer months.



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WHY I LOVE ~~WALKING~~

Peace & Quiet!

Mum-of-two Jacqui Hawkins shares her real reason for enjoying a good long walk every day



Ah walking, it's so great for kids right? Makes them sleep better at night, loads them full of vitamin D, helps their eyesight, and all that? Well yes, and I wish I could say that's why I take mine out every single day. The truth is, most days we only go out because I have a border collie, and a collie without exercise is like a toddler who's had too much birthday cake (specifically, that birthday cake, when we used so much food dye a friend asked why her kid had gone nuts, and why his teeth were green).



However, we also go out because sometimes, once I've Wrestled and bribed both kids into the buggy, it's quiet for a moment. The baby goes to sleep and my three-year-old might even stop talking. Or asking me what the time is. Or telling me to count to ten and find him, even though I know exactly where he is, because after 17 rounds of hide-and seek, lying face down on the couch is still a stupid place to hide.

The transformation astounds me. We spill out of the front door, with the dog barking and at least one of us howling and usually only partly dressed, and then some kind of magic happens. By the time we're 200 yards up the road, I can almost hear my brain again.

Sometimes, if I walk far enough, the boy naps too. Then I'm filled with love and amazement as I watch him hunt out bogeys in his sleep.

And very occasionally, I leave the pushchair at home and let him walk too, but only when daddy's around to carry him and his 'explorer kit' home again (Because halfway around, he inevitably decides he doesn't want to be an explorer anymore, and really who can blame him, given that being an explorer usually ends in a gruesome death anyway, or at the very least, a nasty case of dysentery).

In any case, the children don't actually care whether they're pushed or carried. And they don't seem to mind where we go, either. BUT, if you are looking for somewhere a bit 'special', I do thoroughly recommend these buggy friendly routes, all picked for their wholesome beauty... and perhaps their cafes.



Chatsworth

Best for: Making a day of it

Attractions: Woodland, a mock waterfall, lakes, canons, and great views

Length: 3.5 miles

Gradient: Quite a push

There are a few options for pushchair walks at Chatsworth, including along the river to Calton Lees or Baslow, but this is my favourite.



Cromford Canal

Best for: Ducks

Attractions: Secretive wildlife like voles and shrews, old railway relics

Length: 3 miles

Gradient: Steep

This is one of the best places around to feed ducks, but please bring proper duck food or buy it from Wheatcroft's Wharf cafe - save those brownies for toddler bribes





What's Happening in July

Events happening locally for all ages!

Derbyshire, Nottinghamshire & Everywhere inbetween

We've gathered a selection of family events and activities happening in and around Derbyshire. We hope you find something that sparks your interest!

Please note that new events are always being added, so for the latest updates, keep an eye on our social media for our weekly "what's on" posts.

SOUTH NORMANTON GALA 2026

Sat 04 Jul | 10am - 3pm | Haydn Road Pavilion and Sports Ground
There will be a mix of free and paid activities suitable for babies, toddlers, and their families.

Enjoy live stage entertainment, free-flow play, interactive sessions, and informative talks throughout the day. **FREE**

NBT FEST

Sat 04 Jul | 10am - 3pm | Haydn Road Pavilion and Sports Ground
There will be a mix of free and paid activities suitable for babies, toddlers, and their families.

Enjoy live stage entertainment, free-flow play, interactive sessions, and informative talks throughout the day.

READ TO THE BEAT

Sat 4 Jul - Sat 29 Aug | ALL libraries in Derby **FREE**

The Summer Reading Challenge is the UK library sector's biggest free annual reading event. It is produced by The Reading Agency and delivered by libraries. This year, it will be in partnership with Universal Music Group UK whose artists will champion the joy of reading and sharing their own stories of creative expression.

Whilst the school summer holidays are a well-deserved break for children, their reading can 'dip' during the long summer holidays if they do not have regular access to books and encouragement to read for pleasure. This can be a problem for schools come the new term so, we're backing the Reading Agency's Summer Reading Challenge once again to support you and your child's reading journey over the summer holidays! Booking is essential for events starting Monday 27 Jul -

HEANOR FAMILY & YOUTH FESTIVAL

Sat 04 Jul | 12pm - 3pm | Wilmott Street Centre, DE75
Fun | Games | Live Music | Free Activities

POP UP THEATRE - UNDER THE SEA STORIES

Sat 4 - Sun 5 Jul | Markeaton Park - Craft Village

Grab your friends and some popcorn and settle down to a unique theatre experience.

JINTY 100

Sat 4 Jul - Mon 6 Jul | Midland Railway (Butterley), DE5 3QZ,
Experience The Way Travel Used To Be With A Steam Train Ride Through The Wonderful Countryside Of Derbyshire

K POP ALL STARS

Sun 5 Jul | Derby Arena
Ride the K-pop wave influencing the World live on stage!

Spin The Wheel: Wimbledon Fun!

Thur 09 Jul - Fri 10 Jul | Hero Town
A fantastic interactive morning event. Kids spin the giant game wheel to win instant prizes like tennis-themed treats, strawberries and cream shortbread, and cool sunglasses, followed by active swing practice in the outdoor grassy area.

JAPAN FEST 2026

Sat 11 Jul - Sun 12 Jul | QUAD Derby, Market Place

An immersive, highly interactive festival celebrating Japanese culture. Perfect for kids to experience traditional drumming, try authentic street foods, and see colorful cosplay and artwork

WILD CAMPING

Sat 11 Jul - Tues 08 Sept | Matlock Farm Park Campsite

Wake up to fresh countryside air and days filled with unforgettable fun at Matlock Farm Park Campsite, set in the heart of beautiful Derbyshire countryside near Matlock, in the farm parks' neighbouring serene and scenic site.

During your stay you can enjoy discounted entry to one of the region's favourite family attractions - where curious alpacas, playful wallabies, cheeky meerkats and adorable lambs can be a part of your memorable stay.

TRANSPORT FESTIVAL

Sun 12 Jul | Midland Railway, (Butterley), DE5 3QZ

Explore the array of visiting road vehicles, together with our resident collection.

JULIUS CAESAR

Wed 15 - Sat 18 Jul | Markeaton Park - Craft Village

Derby Shakespeare Theatre Company bring their retelling of Julius Caesar!

MOVE WITH MEANING

Sun 19 Jul | 9am - 8pm | Amber Valley Rugby Club

11 hours Fun packed Fitness class line up, Local business stalls, Raffle, Food trucks | Raising money to support the development of children's end of life care & bereavement facilities at Kingsmill Hospital.

Scan the QR code to register for the event.

Adults £15

Children 10-16 £5



SUMMER OF PLAY

Fri 17 Jul - Mon 7 Sept | 10am to 5pm | The Children's Country House at Sudbury

Come and see our new gigantic marble run in our Gardens! In the Hall, uncover our exciting mystery rooms experience: 'The Queen's Cure' and get creative with a mix of crafting sessions in The Museum of Childhood. At our brand-new childrenswear exhibition, Wearing Feelings: Childhood in Black and Bright, customise your own paper doll outfit and journey through time by recreating a Victorian photograph. Don't miss a host of other fun-filled activities including futuristic mark making on glow in the dark t-shirts.

This is a free event, but normal admission prices apply for the venue. For more information, visit our upcoming events page on our website. Find us on, Instagram: @entsudbury and Facebook: The Children's Country House at Sudbury NT.



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& August 2026



Events happening locally for all ages!

Derbyshire, Nottinghamshire & Everywhere inbetween



**Scan for the
what's on blogs**



CHESTERFIELD CHILDREN'S FESTIVAL

Sat 18 - Sun 19 Jul | Queens Park, S40 2NE

A fantastic weekend long festival, with live performances, hands-on workshops & interactive theatre designed to keep the little ones entertained.

MUM'S SUMMER SURVIVAL KIT DROP-IN

Tues 21 Jul | Hero Town & Titchy Town

Take a breather before the main school holidays peak. This is a relaxed indoor play session where parents can chat, grab a coffee, and collect a complimentary summer survival gift pack from the venue.

THE BIG BUBBLEMAN

Sun 19 Jul | Matlock Farm Park

Prepare to be amazed as The Big Bubbleman brings his incredible bubble magic to Matlock Farm Park! Using his bubble mill, giant wands and special bubble potions, he creates truly spectacular sights - from enormous bubbles as big as a car to dazzling swirls of tiny bubbles that children will love chasing through the air.

Little ones can join in the fun too, with hands-on opportunities to make their very own bubbles using hoops and trays. It's a joyful experience that's sure to delight visitors of all ages.

ROMEO AND JULIET

Wed 22 - Fri 24 Jul | Markeaton Park - Craft Village

Oddsocks return with their new take on this well-loved classic, finding laughs and pathos in the most dramatic of tragedies.

COOL MUMS CLUB - PRELOVED MARKET

Sun 26 Jul | 10am - 2pm | Village Hotel, NG9 6DL

From one cool mum to another. It's all about giving clothes a second life. From children's pre loved to women's clothes even some home items. Think vinted but in person.

There are no rules at our events, we're not regular mums, we're cool mums. £2 entry per adult - Pay on the door. Bring Cash & Carrier Bags

SUPERHERO PICNIC IN THE PARK

Tue 28 Jul - Fri 7 Aug | Allestree, Chaddesden and Darley Parks

All you need to do to take part in the fun is dress up like a superhero and bring a picnic!

THE ROCKY HORROR PICTURE SHOW (12A)

Fri 31 Jul | Markeaton Park - Craft Village

Fasten your garter belt and relive the time-warping, gender-bending cult CLASSIC!

DIRTY DANCING (12)

Sat 1 Aug | Markeaton Park - Craft Village

This timeless, Oscar® winning classic is a phenomenally popular Coming-of-Age tale

which is loved by generations!

Billy Ocean with very special guest Marti Pellow

GEORGE FEST

Sat 08 Aug | 12pm - 9pm | Forest Town Arena, Mansfield, NG19 0EE

GeorgeFest is a new annual charity event created in loving memory of George Steven Wheatman, who was born sleeping on 22/07/25.

GeorgeFest brings the community together for a day of remembrance, hope, and celebration. The event will feature fairground rides, stalls, food and drink vendors, live entertainment, and much more, all while raising funds and awareness for a meaningful cause in George's name

PIRATES & PRINCESSES

Sat 15 - Sun 16 Aug | Midland Railway (Butterley), DE5 3QZ

Meet Ariel, Elsa And The Pirates, Enjoy Sing Alongs, Obstacle Courses And Train Rides

RANDOM ACT OF KINDNESS

Thur 27 Aug | Hero Town & Titchy Town

It's time for August's random acts of kindness day and in the height of summer heat, just before the bank holiday, we've got lots of cool freebies to give out think free milkshakes, cool sunglasses, iced coffee and more!

MUSIC AND MOVEMENT (0 - 5YRS)

Tue 28 Jul | Coxbench Hall Residential Home

Intergenerational session within the care home with music and movement followed by snacks and refreshments. No need to book. More info on Facebook.

JLS

Sat 22 Aug | Darley Park

JLS are heading to Darley Park for an Outta This World; Saturday night. With Appleton and Chesney Hawkes.

THE DARLEY PARK CONCERT 2026

Sun 23 Aug | Darley Park

An unforgettable evening of world-class orchestral music and film favourites in the heart of Darley Park.



Derbyshire Well Dressing's

Well Dressing is a Derbyshire tradition where communities create floral mosaics around wells, blending art & nature to celebrate water, & heritage



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Tiny Travelers, Big Adventures: The Ultimate Summer Survival Guide for Ages 0 - 11

Consolidated by Jess from numerous parenting forums - Excessive over packer and Co-owner of Boom Magazine

The sun is shining, the school calendars are blissfully blank, and the open road (or runway) is calling. Traveling with kids can create some of the most beautiful core memories of their childhood—but let's be real for a second. Without a solid game plan, a family holiday can easily feel like just parenting in a different postcode, minus all your useful gear.

The trick to a successful summer getaway isn't waiting until they're older; it's matching your travel strategy to the exact stage they're in right now.

1. The Baby & Toddler Stage (Ages 0-2)

The Golden Rule: Mimic the home routine, protect the nap, and pack less than you think you need.

At this age, kids don't care about the Eiffel Tower or the beach – they care about consistency & being in the moment with you. The biggest mistake parents make is over-scheduling the day and expecting a toddler to sleep during travel. Pack the fitted cot sheet (you'll be amazed what the familiar smell of home can do for a child's sleep).

Gate-Check Strategy: Keep your stroller and car seat with you until the absolute last second at the airport gate. A sturdy baby carrier is also a lifesaver for navigating tight airplane aisles or bumpy cobblestone streets where wheels fail.

The "Slow Travel" Mindset: Plan exactly one main activity per day. If you try to hit a museum in the morning, a cafe at noon, and a park in the afternoon, a meltdown is statistically guaranteed.

2. The Preschool Crew (Ages 3-5)

The Golden Rule: Lean into the power of novelty, snacks, and tiny jobs.

Preschoolers have an endless supply of energy but very limited emotional regulation when they get tired or bored. The key here is distraction and autonomy.

The "Snack Tackle Box": Buy a cheap, multi-compartment plastic craft organizer or tackle box and fill each little square with a different snack (goldfish, raisins, pretzels, berries). It turns snack time into a game and keeps them occupied for a solid 30 minutes.

The Surprise Toy Wrap: Go to a charity / £1 shop and buy 4 or 5 cheap, small toys (colouring books, stickers, small cars). Wrap them up in wrapping paper. Every few hours of a long flight or drive, let them unwrap one. The act of unwrapping buys you an extra 5 minutes of peace, from the excitement. Plus the actual time it entertains them for

Give Them a Job: Give your child their own tiny backpack to carry/pack. Let them be responsible for their own water bottle and a favorite stuffed animal. It builds a sense of pride and makes them feel like a "big traveler."

3. The Primary Explorers (Ages 6-11)

The Golden Rule: Involve them in the planning process and give them a voice.

By this age, kids are listening to friends travels, and hearing about how great it was, it may not be in your budget, but discussing where they'd like to go, may just inspire you to travel somewhere new, whether it be the same or similar to their suggestion. They have their own opinions, interests, and – let's be honest – a growing desire for screen time.

The "One Choice" Rule: When planning your itinerary, give them concrete choices. Instead of asking a vague "What do you want to do today?", try: "Tomorrow we can either go to the science museum or take a boat tour of the harbor. Which one sounds cooler to you?"

The Audio Tour Upgrade: Many major cities and museums offer specific kids' audio tours. They are often incredibly engaging, full of fun sound effects and storytelling that bring history to life in a way a parent walking through a gallery simply can't compete with.

The Travel Journal Prompt: Buy them a blank notebook, new pens/pencils and a glue stick. At the end of every day, have them collect ticket stubs, leaves, or postcards and paste them in, writing just three sentences about the best thing they ate or the funniest thing they saw. It will then be something you & they can look back on in years to come, and they just may thank you for it.

The Ultimate Summer Packing Cheat Sheet

As a serial over packer, & a pack for every possibility type of person, these will always be the staples I pack again & again

No matter the age, these four items should be in every parent's bag this summer:

1. Large Ziplock/Sealable Sandwich Bag – For wet swimming costumes, exploding suncreams or emergency sick bags.
2. Portable Power Bank – because a dead tablet or phone half way through a delay is a true emergency.
3. Mini First-Aid Kit – Ibuprofen, Paracetamol (and not just for the kids – cause you never know when you might need it) plasters, antihistamines, savalon/other antiseptic cream. You don't want to be searching for an open pharmacy in a foreign country at 11pm.
4. SNACKS – because you will never not have a moment when the kids are shouting 'MUM/DAD I'm hungry)

A Final Word of Advice: The best vacation photos rarely feature the moments where everything went perfectly. Lower your expectations, accept that plans will change, and don't forget to take a breath and enjoy the view. Happy travels!

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- A) Cinderella
- B) Snow White's Evil Queen
- C) Sleeping Beauty
- D) Rapunzel

Think you know the answer? Get your entry in by Mon 31 Aug and you might be off to the fairest show of them all, good luck!

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Rain or shine? :

Written by our Boom Buddy Families

Let's face it: if we waited for perfect weather to make plans, we'd never leave the house! ☺☔

We all know how unpredictable British weather can be – so we wanted to provide you with things us and our buddies enjoy doing come rain or shine. The golden rule of a British summer is to always have a backup plan, so we've rounded up our absolute favourite spots and activities that work beautifully whether you're soaking up the sun or dodging a sudden downpour.

Let's start with hope of a Warm, Sunny Summer and lots of activities to do:



The Shawvers enjoy getting out the zoo to see what animals we can spot



Isabella (age 6) from the Collis/Murray says on a sunny day she likes to go for a big walk with her family and friends. Her recent favourite was Millennium Walkway and Peak Forest Canal at New Mills.



The Collins Crew enjoy playing in the garden, going for walks, football

The Tiddlekick's Clan enjoy picnic in the park! Or marketon with a maccies after! Our fave sunny day activity is actually a bbq and every one playing in the garden! (We like food can you tell ☺)



The P Family like to play in the garden or visit our favourite park (the River Gardens in Belper) as we can also feed the ducks and stop for a drink and cake/ice cream at the Swiss Tearooms



The Linford's like to be up and out of the house, we love a good zoo or farm, or even a trip to the beach. Followed by a walk to a family & dog friendly pub with a park & activities for Flynn, to enjoy a pub lunch & drink for mum & dad to rest after chasing a toddler all day.

One of The Barratt Family's favourite summer activities to do has got to be going for a picnic! It could be in our garden, the local park or whilst on a family day out! We just LOVE a picky lunch/tea.



The Hardy Family love elvaston castle as we are within walking distance (been known to go in the rain too though to be honest!). Also bluebell farm, sundown adventureland or Wheelgate.



Sunny days for the Watkiss Family are dog walks and feeding the duck.

Let's be Frank are out regardless of the weather! I literally cannot stay in. In May & June our fave sunny outings were Bluebells for a day at the farm seeing the animals – Franklin spent the whole time mooing. Followed by a pub lunch at the Bulls Head in Belper that is so perfect for kids – bouncy castles, play area and games!



The Carrington - Coope's enjoy going on walks with phoebe across the fields, or going to the park - Cole loves the swings

The Adamsons favourites are a day out anywhere with ice cream! Crich Tramway and National Trust properties are faves for repeat visits.



We've got you covered.



The Collins Crew enjoy baking (usually carrot cake or shortbread), play sand with diggers or painting



On a rainy day The P Family like to bake biscuits at home, build with magnetic tiles or go out and splash in the puddles!

The Hardy Family will more than likely be a play centre. We love Mini Donington as it's our closest one. But also little moos, and the princess palace.



The Linfords like to stick on a film usually toy story or cars and chill with no where to be or go, and enjoy the quality time playing with toys. Have a no rush kind of day.
Or if Flynn is full of beans we will likely go to a soft play or play cafe.



Let's Be Frank's rainy day faves were Mini Donington for their Kidchella event and Little Moos Gruffalo special! In fact we went to little moos 3 separate times in May and loved every visit!



On a rainy day The Barratt's have PJ days on the sofa with our quilt and a good film is one of our favourite things to do, especially when we've had a super busy week!



Isabella (age 6) from the Collis/Murray says on a rainy day she likes to go for a walk and a play in the woods or to her favourite softplay (currently Infinity Parks Derby)



The Shawvers love to get out the activity tray to do experiments and dinosaurs messy play.



The Adamson family on a rainy day favourite is a kitchen disco and baking something chocolatey!

The Carrington-Coope's enjoy reading books and playing with toys. We have a toddler tower now, so hoping to do rice Krispy cakes with him soon 🍪 We also like visiting soft plays and little moos on Rainy days

The Tiddlekick's Crew love a movie day with biscuits and treats on the sofa on a rainy day.

We're out all the time doing clubs and school work or nursery so it's actually so lovely when we get to slow down and be all together at home!

That being said with the mix of ages 😊 rainy day we love a trip to ikea! Meatballs and role play in all the rooms!

The Watkiss Family Rainy days, they still like to try and get out of the house so currently Lily is really loving play cafes.



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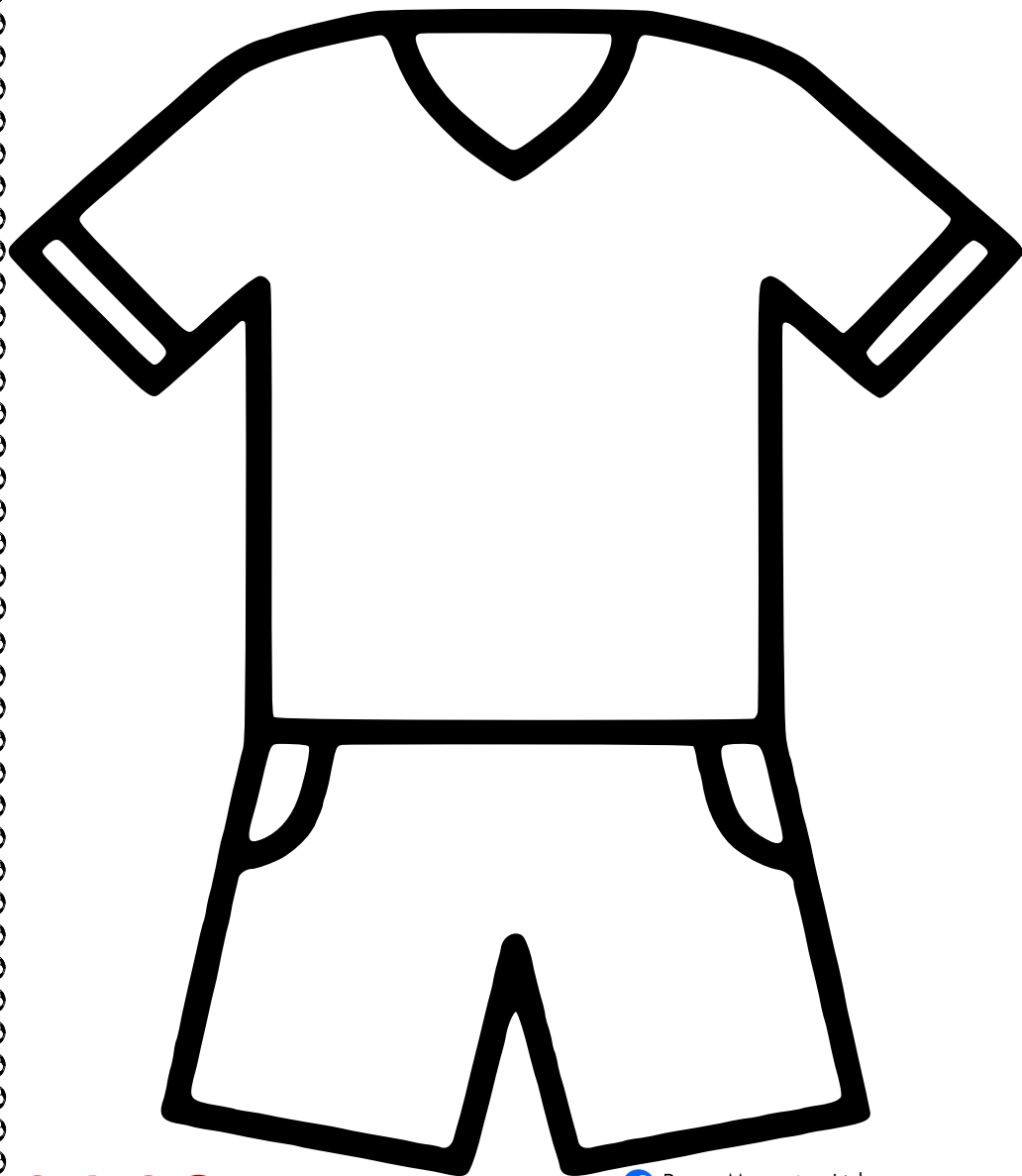
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Create Your Own Football Kit

As part of the World Cup celebrations, we would love to see some Football Kit creations!

Tag us in your designs. We can't wait to see what you create!



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PLAYMOBIL RAVE w/ SPARKY

PRINCESS VS SUPERHERO

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DJ RAVIN RACH | SUBLIME SCIENCE

Nick Cope

SUNDAY

PAT SHARP

FANCISE THING

TWIST & PULSE

CLUBLAND REBORN

STRAIGHT OUT OF OZ

PAW PATROL: PUP PUP BOOGIE

TV PARTY TONIGHT | NIGEL CLARKE

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BOOM AWARDS 2026



Owners & Directors - Steph & Jess

Why we started the Boom Awards

This year marks two very special milestones for us – one whole year since we took over ownership of Boom Magazine, and an incredible 10 years of Boom serving local families across our community.

As we approached these celebrations, we wanted to create something that reflected everything Boom stands for: supporting local businesses, bringing communities together, and celebrating the people who work tirelessly to make family life that little bit better.

The Awards were created to shine a spotlight on the amazing businesses, organisations and individuals who go above and beyond for local families every single day. Whether it's running classes, creating memorable experiences, offering support, or simply being there when families need them most, these businesses make a real difference within our community.

The Awards are also an opportunity to celebrate achievements. Running a business isn't always easy, and we know first-hand just how much hard work, dedication and passion goes on behind the scenes. Like so many business owners, we understand the reality of fitting work around day jobs, family life and bedtime routines, often putting in countless hours when everyone else has switched off for the day. The truth is, when you run your own business, you never really switch off. The Awards give us the chance to recognise that effort, celebrate those achievements, and say a huge thank you to the people who help make our area such a fantastic place for families.

Of course, it's not all about trophies and titles. We wanted to create an evening where local businesses could take a well-deserved break, leave the children at home for a few hours, get dressed up, and enjoy a night celebrating one another.

Most importantly, we've designed the evening to be relaxed and welcoming. We know award events can sometimes feel a little nerve-wracking, but there is absolutely no pressure. Whether you're a finalist, sponsor, supporter or guest, we simply want everyone to enjoy the evening, celebrate success, and be proud of everything they've achieved. You are already all winners to us.

Here's to 10 years of Boom Magazine, one amazing year of our journey, and the incredible businesses that make our community so special.

Here's to another year of Boom Magazine with Steph & Jess, and a massive thank you for all of your support you have given us this past year. It really does make all our hard work worth it!



Make sure you're following our social media channels to keep up with all the excitement from the awards evening. We have an amazing line-up of local businesses joining us, and we can't wait to celebrate their achievements.

We'll also be hosting a charity raffle packed with fantastic prizes, kindly donated by local businesses from across the area. The money raised will go to charity, with the chosen charities being revealed on the night.

Raffle tickets can be purchased during the awards evening, or simply send us a message if you'd like to buy yours online beforehand.



The 2026 Finalists



The full line up of all our 2026 Boom Award Finalists!

Session Leader of the Year

- Ellie – Moo Music Alfreton
- Emma – Bright Beginnings
- Hannah – Baby Sparks – Derby West
- Helen – Moo Music / Little Moo's Moovers
- Kath – TinyTalk Derbyshire
- Nicky – The Little Baby Sanctuary
- Trudie – Baby Sparks Derby East

Baby Class of the Year

- Baby Sparks Derby West (Hannah)
- Bright Beginnings with Emma
- Moo Music Alfreton
- The Little Baby Sanctuary
- TinyTalk Derby North (Emily)
- TinyTalk Derbyshire (Kath)

Toddler Class of the Year

- Baby Sparks Derby East (Trudie)
- Baby Sparks Derby West (Hannah)
- Moo Music Alfreton
- TinyTalk Derby North (Emily)
- TinyTalk Derbyshire (Kath)

Young Children's Activity Provider of the Year (0 - 5yrs)

- ARTventurers Mansfield
- Infinite Wellbeing CIC
- Little Moo's Play Barn
- Little Nature Tots
- Magic & Mudpies

Children's Activity Provider of the Year (5 - 11yrs)

- Infinite Wellbeing CIC
- Mighty Monsters Soft Play
- Pomeroy Farm Park
- Regain Fitness Belper

Craft & Creative Activity Provider of the Year

- ARTventurers Mansfield
- Doodle & Moo's Play Village
- Infinite Wellbeing CIC
- Primrose Art Club

Children's Sports & Physical Activity Provider of the Year

- Little Moo's Moovers
- Puddleducks Derbyshire
- Tiddlekicks Derbyshire
- Vanessa's School of Dance

Outdoor Activity Provider of the Year

- Little Nature Tots
- Magic & Mudpies
- Sunshine Forest Schools

SEN Session Provider of the Year

- Aeras Sensory Den
- Mighty Monsters Soft Play (SEN Sessions)
- SEN-FIT CIC

Parent Support Service of the Year

- B.E.A.R.S (part of Breastfeeding Network Derbyshire)
- Mums of Derby
- Nest & Nurture (Tara Luke)
- NottsYourMama

Family Support Group of the Year

- B.E.A.R.S (part of Breastfeeding Network Derbyshire)
- Bridge The GAP
- Mums of Derby
- The Pram Polisher

Parent Fitness & Wellbeing Provider of the Year

- Barremama
- Mama Fit – Little Legs With Imogen
- Pre & Post-Natal Pilates – Belper Health Hub
- Regain Fitness

Family Attraction of the Year

- Bluebell Dairy
- Pomeroy Farm Park
- National Tramway Museum (Crich Tramway)
- Sundown Adventureland

Soft Play Centre of the Year

- Treetops Activity Centre
- Mighty Monsters Soft Play

Children's Party Provider of the Year

- Enchanted Rose Parties
- Little Village Soft Play
- Soft Play & Sprinkles

Children's Party Venue of the Year

- Doodle & Moo's Play Village
- Little Moo's Play Barn
- Mini Donington Play Village
- Sugar Snap Play

Event Styling & Services Provider of the Year

- Memory Maker Balloons
- Peachy Events

Independent Family-Friendly Restaurant of the Year

- The Family Tree Whatstandwell
- The Lion Hotel Belper

Play Cafe of the Year

- Blossom's Play Cafe
- Doodle & Moo's Play Village
- Little Moo's Play Barn
- Mini Donington Play Village
- Sugar Snap Play

Customer Service Excellence Award

- Doodle & Moo's Play Village
- Little Moo's Play Barn
- Little Village Soft Play
- Sugar Snap Play
- The Pram Polisher

Franchisee of the Year

- Baby Sparks Derby East (Trudie)
- Baby Sparks Derby West (Hannah)
- Moo Music Alfreton
- TinyTalk Derbyshire (Kath)

Best New Business of the Year

- Barremama
- Doodle & Moo's Play Village
- Little Village Soft Play
- Mini Donington Play Village
- Regain Fitness
- The Pram Polisher

Independent Family Business of the Year

- Doodle & Moo's Play Village
- Little Moo's Play Barn
- Mini Donington Play Village
- Sugar Snap Play
- The Pram Polisher

Unsung Hero Award

- Jessie – Little Moo's Play Barn
- Kath – TinyTalk Derbyshire
- Kelsay – NottsYourMama

Family Photographer of the Year

- Gemma Yeoman's Photography
- Lucy E Warner Photography
- Oh Baby Photography (Millie)
- Natalie Mauri Photography

Charity of the Year

- Breastfeeding Network Derbyshire
- Infinite Wellbeing CIC
- Teddy's Sleeping Bears

People's Choice Award

- Little Moo's Play Barn
- Little Village Soft Play
- Mini Donington Play Village
- Mums of Derby
- NottsYourMama
- Sugar Snap Play
- TinyTalk Derbyshire (Kath)

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Confessions of a Picky Eater: Make a Summer Picky Tea They'll Actually Eat on a Budget

Written by Jess - FTM, Picky Eater, Co-owner & Director

As a child, having a plate of food put in front of me with things I didn't like or certain items touching, was a NIGHTMARE! I was the kid that panicked if food I didn't like touched the food I did. I viewed unfamiliar foods with deep suspicion, and anything meat was considered a personal affront. When you are trying to feed a child like I was on a tight budget, the anxiety is doubled. You want them to eat nutritiously, but you absolutely cannot afford to waste food that ends up in the bin.

Looking back, the summer "picky tea" was the one meal that never overly triggered my anxiety. If your child is currently in the trenches of extreme selective eating, here is a budget-friendly guide to summer platters—written from the perspective of someone who used to be exactly like them & still is in some ways.

Why Picky Eaters Actually Love a Picky Tea

To understand how to build a cheap, healthy platter, it helps to understand the psychology of a picky child.

Picky teas work because they tick three massive boxes for an anxious eater:

Deconstruction: Picky kids hate casseroles, stews, or pies because they can't identify the hidden "threats." A picky tea lays every single ingredient out in the open. No surprises.

Autonomy: Being told to "eat your dinner" feels like pressure. Being told "choose what you want from the board" gives the child control, which immediately lowers their defenses.

Low Sensory Overwhelm: Dry, separate foods are predictable. A raw carrot stick always tastes like a raw carrot stick; a mixed sauce can change flavor with every bite.

Budget-Friendly Nutritious Platters

When I was little, my parents figured out a few clever hacks to get nutrients into me without buying expensive, processed "kid-friendly" packaging.

1. The "Safe Food" Anchor

Never present a board made entirely of new or challenging foods. Always include at least two cheap "safe foods" you know they will eat—even if it's just plain buttered white toast triangles or a handful of budget-brand tortilla chips.

Why it works: It prevents them from shutting down when they see the platter. Once they are happily eating their safe food, they are far more likely to passively reach for something else.



2. Keep the Textures Dry (and Separate)

Don't let the foods touch on the platter.

The Budget Trick: Instead of buying expensive partitioned plates, use cheap silicone cupcake cases. Place them on a normal baking tray and fill each one with a different item (one for thawed frozen sweetcorn, one for cubed mild cheddar, one for raisins). It looks like a fun party game, costs nothing extra, and guarantees foods don't touch.

3. The "Micro-Taste" Exposure

When introducing a new or disliked vegetable, do not put a giant pile of it on the plate. That feels like a mountain to climb.

The Budget Trick: Cut vegetables into tiny, unintimidating shapes. Don't give them a whole broccoli floret; give them two tiny "trees." Don't give them a mountain of grated carrot; give them three thin carrot "coins." It costs you next to nothing, and if they reject it, you haven't wasted a whole vegetable.

4. Rebrand the Familiar

Picky kids are highly visual. Changing how a cheap, staple looks can completely change their willingness to eat it.

The Budget Trick: Buy a basic, block of supermarket-brand mild cheese. Instead of slicing it, cut it into tiny cubes and push a toothpick into each one (if they are old enough). Suddenly, basic cheese is an interactive snack. Boil a cheap egg, cut it into quarters, and call them "dinosaur boats."

The Ultimate "No-Panic" Budget Platter

Here is a balanced, highly nutritious spread designed specifically not to scare off a selective eater, utilizing the cheapest ingredients available:

- The Crunch: Cucumber sticks with the skin peeled off. (Many picky kids hate the bitter texture of the skin, but love the watery crunch of the inside).
- The Protein: Simple hard-boiled egg quarters or plain, unsalted canned chickpeas that have been rinsed and patted completely dry.
- The Carb: Homemade potato wedges (cheap, predictable, and familiar) or wholemeal pitta bread cut into strips.
- The Fruit: Apple matches (apples sliced into thin sticks like chips). They are much easier for small mouths to chew than big wedges.
- Finally - include a safe food - whether that be sweet or savoury, you don't want them to completely disregard the meal.

A final piece of advice from my childhood self:

If they only eat the toast and the cheese today, don't despair. The fact that the cucumber and the eggs were on the board, sitting peacefully next to their safe foods without causing a meltdown, is a massive win. Exposure is the first step to acceptance!



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Derbyshire Dales Schools



Nottinghamshire County Schools



Nestled in our beautiful school setting, you will find our Cygnet's Nursery. We have trim trails, mud kitchens, a chicken palace, a secret garden and much more!

From Cookery to Woodland Explorers, there really is something for everyone!

A nurturing, exciting space where little ones can learn, explore, and grow

We would love to welcome you.

Come and see what makes Cygnets so special.

Book a friendly visit today!

01773 602268

cygnets@swanwick.derbyshire.sch.uk

- Two qualified teachers and a dedicated Key Worker for every child
- Wrap around care to support busy families
- Daily photo updates through our Tapestry App
- High level interactions
- Play based learning
- Opportunities to mix with our Reception Children
- 8:40-3:20 Sessions daily (optional days)

NEW 3+ Nursery Provision

@ Swanwick Primary School Swanwick, Alfreton

Welcome to



Interactive role play centres based in South Derbyshire

Titchy Town and Hero Town are both indoor play villages designed especially for little ones up to 8 years of age. Children can freely explore the many different play zones in both villages. The villages are designed to allow children's imagination to run wild whilst they role play in a safe environment.

Grown-ups can participate in their child's play, or just sit back and watch them learn whilst enjoying a mug of freshly brewed tea or coffee and an amazing homemade cake from our little coffee shop.

Where are we?

Titchy Town is based on the site of Scallywags Private Day Nursey in Chellaston (Rowallan Way, DE73 5WX).

Hero Town is based on the site of Scallywags Private Day Nursery in Melbourne (Castle Lane, DE73 8JB).

Please use Scallywags car park at both sites. You will find signage in both car parks on how to access the centres.

How it works?

Both role play centres work on a pre-book via our website and pay on arrival basis with sessions lasting 90 minutes. On your first entry you will be issued a loyalty card and for every nine sessions you attend you will receive your 10th entry free of charge! Loyalty cards can be used across both sites. Payment is cash only.

Titchy Town Play Village

- Castle Store
- Town House
- Vets 'n' Pets
- Anabelle's Café
- Wash 'n' go
- Harry's Yard

Hero Town Play Village

- Dolly Dogs Grooming Parlour
- George's Garage
- Simon's Shed
- Foston's Fire Station
- Mrs Potts tearoom
- The Land Where Dreams Come True
- Castle Lane clinic
- Baby Zone

To find out more or to book into a play session...

Visit our websites: titchytown.com or hero-town.co.uk



INTEGRATED
FEEDING CLINIC

“Why won’t my child eat?!”



Tried every trick in the book and finding yourself standing in the kitchen wondering what on earth you’re supposed to cook because your child seems to reject everything?

We’re here to help.

Bringing together 40 years of combined clinical experience, Sascha Landskron and Emma Fitzgerald have created this online, instant access programme to help you understand why mealtimes are difficult and how to reduce stress for the whole family.



Understand feeding difficulties



Learn practical strategies



Build confidence around food



Reduce mealtime stress



Scan to find out more...

Understand The Why Behind The Won’t.